


May 2025 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
			<p style="text-align: center;">1</p> <p>10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">Indoor Yard Sale 8:00AM-1:00PM 8:15AM Sleeping Beauty Ballet Trip 9:00AM Breakfast Buffet 9:15 AM Library "Pop Up" 10:00AM –Sponsored Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise</p>
<p style="text-align: center;">5</p> <p>8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00 Bingocize 12:00PM Pleasant City Site Activity 11:30AM– Lunch 1:00PM Line Dancing</p>	<p style="text-align: center;">6</p> <p>11:00 AM- Blood Pressure Checks 11:30AM– Lunch 12:00PM Cumberland Site Activity</p> <p style="text-align: center;">Due to Guernsey County Senior Center being a voting precinct on Tuesday, May 6th there will be NO bingo, chair yoga, or cardio drumming on this day.</p>	<p style="text-align: center;">7</p> <p>9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30AM Lunch 12:00PM Old Washington Site Activity 12:00PM– Mahjong 6:00PM Good Ole Gospel Music Night</p>	<p style="text-align: center;">8</p> <p>10:00AM -Bingo 11:30AM– Lunch 12:30 PM- Open Cards 1:00PM Chair Yoga 2:00PM Mother’s Day Craft Class</p> <p style="text-align: center;">Older Adult Extravaganza at Prichard Laughlin Civic Center 10:00AM-2:00PM</p>	<p style="text-align: center;">9</p> <p>9:00AM Geri Fit 10:00AM –Sponsored Bingo 11:00AM Dermascans 11:00AM Cambridge Primary Choir 11:30AM– Mother’s Day Luncheon 12:30 PM- Euchre 1:00PM Geri Fit Exercise</p>
<p style="text-align: center;">12</p> <p>8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Bingocize 11:30AM Lunch 12:00PM Londonderry Site Activity 1:00PM Line Dancing</p>	<p style="text-align: center;">13</p> <p>11:30AM-1:00PM Grab & Go Lunch</p> <p style="text-align: center;">No activities will be held at the Senior Center on this day due to preparations for the Senior Citizens Day Luncheon</p>	<p style="text-align: center;">14</p> <p style="text-align: center;">Senior Citizens Day Luncheon Begins at 10:30AM <u>Advanced Tickets Required</u></p>	<p style="text-align: center;">15</p> <p>10:00AM Bingo 11:00AM Guest Speaker 11:30AM Lunch 12:30 PM- Open Cards 1:00PM Chair Yoga</p>	<p style="text-align: center;">16</p> <p>9:00AM Geri Fit 10:00AM –Sponsored Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise</p>
<p style="text-align: center;">19</p> <p>8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Bingocize 11:30AM– Lunch 1:00PM Line Dancing 2:00PM Painting Class</p>	<p style="text-align: center;">20</p> <p>9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Bingo 11:00AM Dermascans 11:00AM Chair Yoga 11:00AM Blood Pressure Checks 11:00AM Lunch Bunch at The Bears Den 11:30AM Lunch 1:00PM Cardio Drumming 1:30PM Alzheimer’s Support Group</p>	<p style="text-align: center;">21</p> <p>9:00AM Geri-Fit Exercise 9:00AM Sewing 10:00AM Bingo 11:00AM-1:00PM Shoulder Massages 11:30AM Lunch 12:00PM Mahjong 12:15PM-1:15PM Ice Cream Treat Day at Razor’s</p>	<p style="text-align: center;">22</p> <p>8:15 AM Earnest Warther Museum Trip 10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30PM Open Cards 1:00PM Chair Yoga 1:30PM Greeting Card Making Class</p>	<p style="text-align: center;">23</p> <p>9:00AM Geri Fit 11:30AM Memorial Day Cookout 12:00PM Euchre 1:00PM Geri Fit Exercise</p>
<p style="text-align: center;">26</p> <p style="text-align: center;">CLOSED</p>	<p style="text-align: center;">27</p> <p>9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Bingo 11:00AM Chair Yoga 11:00AM Blood Pressure Checks 12:00PM Byesville Site Activity 1:00PM Cardio Drumming</p>	<p style="text-align: center;">28</p> <p>9:00AM Geri-Fit Exercise 9:00AM Sewing 10:00AM Bingo Senior Citizens Picnic at the Cambridge City Park 11:00 AM—1:30 PM Advanced Tickets Required</p> <p>12:00PM Mahjong</p>	<p style="text-align: center;">29</p> <p>10:00AM Bingo 11:00AM Bingocize 11:30AM Birthday Luncheon 12:30PM Open Cards 1:00PM Chair Yoga</p>	<p style="text-align: center;">30</p> <p>9:00AM Geri Fit 10:00AM –Sponsored Bingo 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise</p>

May 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site serves at 11:30 on Monday—Friday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org.</p> <p><i>*Menu subject to change depending on item availability.</i> This institution is an equal opportunity provider.</p>			<p>1 Italian Seasoned Chicken Sweet Potatoes California Blend Vegetables Fresh Pear Dinner Roll/Margarine Choice of Milk</p>	<p>2 Sweet BBQ Pork Chop Baby Bakers Lima Beans Grape Salad Choice of Bread/Margarine Choice of Milk</p>
<p>5 Cubed Steak w/Mushroom Gravy Red Potatoes w/Bacon & Cheese Capri Vegetables Apricots Choice of Bread/Margarine</p>	<p>6 Ziti Casserole w/Cheese Italian Blend Vegetables Blueberry Crisp Tossed Salad w/Dressing Garlic Bread/Margarine Choice of Milk</p>	<p>7 Chef Salad w/Ham, Turkey & Egg Three Bean Salad Sliced Strawberries 100% Grape Juice Blueberry Muffin/Margarine Cookie Choice of Milk</p>	<p>8 Beef Roast & Gravy Yukon Gold Potatoes Buttered Peas Applesauce Choice of Bread/Margarine Choice of Milk</p>	<p>9 Chicken Salad Croissant Loaded Baked Potato Soup Celery & Carrot Sticks w/Ranch Fresh Fruit Cup Choice of Milk</p>
<p>12 Salisbury Steak Mashed Potatoes w/Gravy Spring Blend Vegetables Fresh Apple Butterscotch Pudding Choice of Bread/Margarine Choice of Milk</p>	<p>13 Johnny Marzetti Buttered Corn Tossed Salad w/Dressing Ambrosia Salad Breadstick/Margarine Choice of Milk</p>	<p>14 Ham Salad w/Bun Cucumbers & Onions w/Vinegar Potato Salad Tropical Mixed Fruit Iced Brownie Choice of Milk</p>	<p>15 Herb Roasted Chicken Parsley Buttered Potatoes Roasted Root Vegetables Diced Pears Choice of Bread/Margarine Choice of Milk</p>	<p>16 Chinese Pepper Steak w/Rice Sliced Carrots Mini Egg Rolls Mandarin Oranges Fortune Cookie Choice of Milk</p>
<p>19 Baked Fish Au Gratin Potatoes Mixed Vegetables Fresh Banana Choice of Bread/Margarine Choice of Milk</p>	<p>20 Glazed Meatloaf Cheesy Hashbrown Casserole Broccoli Fruited Peach Jell-O Choice of Bread/Margarine Choice of Milk</p>	<p>21 Ham Casserole w/Broccoli & Rice Steamed Cauliflower Cherry Crisp 100% Fruit Juice Choice of Milk</p>	<p>22 Cabbage Roll Mashed Potatoes Succotash Granny Smith Apple Italian Bread/Margarine Choice of Milk</p>	<p>23 Cheeseburger w/Bun French Style Green Beans Brown Sugar Baked Beans w/Bacon Holiday Cupcake Strawberries Choice of Milk</p>
<p>26 Closed in observance Of the Memorial Day Holiday <i>Frozen Meal Option is Available upon Request</i></p>	<p>27 Smothered Steak Rice Pilaf Brussel Sprouts Pineapple Tidbits Choice of Bread/Margarine Choice of Milk</p>	<p>28 Crispy Chicken Leg Scalloped Potatoes Buttered Corn Watermelon Dinner Roll/Margarine Choice of Milk</p>	<p>29 Pepperoni Pizza French Style Green Beans Stewed Tomatoes Fresh Grapes Oreo Pudding Parfait Choice of Milk</p>	<p>30 Turkey Kluski Noodles Baby Carrots Cranberry Relish Coleslaw Choice of Bread/Margarine Choice of Milk</p>